

Psychology: Focus on Memory, Personality & Human Development

Thursday | 11:00 AM - 11:50 AM | Via Zoom and/or in-person

Instructor: Erin Vlasak

Join us for an engaging and enlightening exploration of the fascinating world of psychology. In this interactive class, students explore an introduction to psychology and the ABC's of behavior.

Develop new knowledge on ways psychology can help you live a better life. Improves your understanding of the inner workings of the brain and how to strengthen it for strong memory retention.

Together, we will learn about happiness chemicals, and how to activate them to present your best and feel happy and grateful.

CLASS SCHEDULE

Please review the dates your class will meet over the course of the selected session.

Fall I- 8 Weeks

9/12, 9/19, 9/26, 10/3,
10/10, 10/17, 10/24, 10/31

Fall II- 7 Weeks

11/7, 11/14, 11/21, 12/5,
12/12, 12/19, 12/26



PRICING

Fall 1 (8 Wks): \$360
Fall II (7 Wks): \$315

REGISTRATION

To register, email: chawkins@buexperience.org.
More info at www.abcommunityclasses.org.